



# Strath Haven High School

205 S. Providence Road • Wallingford, PA 19086 • 610-892-3470

## Junior Post Secondary Planning

Or

## WHAT TO DO NOW

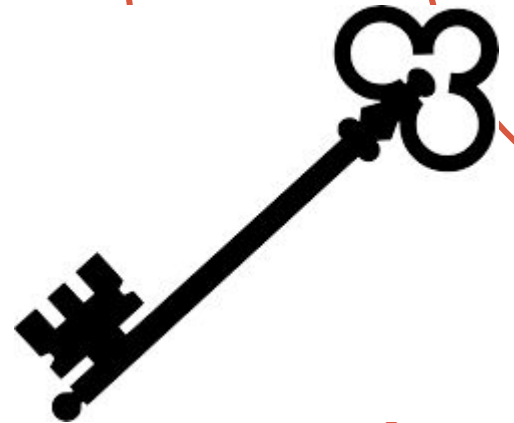
12/6/2023

# Counselor Roles

|                                     |  |
|-------------------------------------|--|
| <b>School Counselor</b>             | Individual Counseling by grade level including post-secondary counseling (as well as social emotional and academic). First point of contact for all students and families. Works in triad team with behavioral health counselor and administrator.                   |
| <b>Career and College Counselor</b> | Collaborate with School Counselors<br>Career and College Programming for ALL students grades 9-12<br>Specific support at the request of School Counselors<br>Workshops, DCTS, ACT 339, AP, Career development, teacher support, dual enrollment, field career, co-op |

# Communication is Key!

- ▶ Expectations, limits, and financial realities - are we all on the same page?
- ▶ Your child's thoughts, fears, hopes, and goals
- ▶ Your student's journey is their own...it's ok to ignore the herd.
- ▶ Keep talking!



# Military Path



- Communication with family
- ASVAB - April
- Research
- Talking to a recruiter
- Physical requirements/Fitness
- ROTC

# The World of Work

- Skills and Interest Assessment
- Goal Setting - working with the counselor
- Field Career/Co-op/Career Exploration
- Using your resources
- Apprenticeships/Training
- Application help
- Graduating with a plan





# Post Secondary Education 4yr/2yr/Trade

## What Counselors Do:

- Meet with students one-on-one and in small/large groups for planning purposes and to explain the application process
- All information about procedures and timelines is shared in a variety of ways
- Students can schedule meetings with counselors at any time, as can parents/guardians
- Provide resources to support the process - scholarships, rep visits, workshops, community based opportunities

# What counselors do, continued...

- Counselors attend to and support students' progress throughout their time at Strath Haven, but counselors cannot do their applications for them.
- Counselors do not see applications unless students show them to their counselors and ask for help. Counselors are available to meet to provide support and answer questions, and counselors schedule appointments at milestone points during high school, but students must schedule their own check-in appointments.
- Counselors write a reference for all students who provide the student brag sheet, parent brag sheet and waive their right of access when the college (or other entity) requires it.

## What students do:

- Students need to be aware of deadlines
- Students communicate with teachers about letters of recommendation
- Students complete required documents (e.g. brag sheets and permissions)
- Students research schools OR alternate plans
- Demonstrated interest - visiting schools (virtually or in person), rep visits, interviewing if possible.
- Students should research scholarships
- Students should have a testing plan
- Students considering playing sports at the D1 or D2 level need to register with the NCAA and send transcripts and test scores. They are not automatically sent.



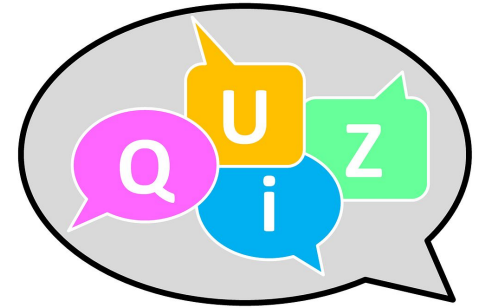
## While we're on the subject - Testing

- Test plans: SAT v. ACT
- Test Prep
- Test Optional/Test Blind

## What Parents/Guardians Do

- Investigate costs
- Know your deadlines (FAFSA/CSS Profile)
- Complete the Parent Brag Sheet
- Complete the Permission to Transmit Records Form
- Ask questions!
- Conversations to have at home
  - Financial and Geographic restrictions and considerations
  - Check up on progress, agree on a plan

# Vocabulary



- Naviance
- Common Application
- Coalition Application
- Common Black College Application
- Gap Year/Bridge year
- Rolling Admission
- ED/EA/Restrictive EA

# Naviance

*Naviance is a web based program for academic planning, college and career research. Naviance helps students connect what they do in the classroom to their life goals, including finding colleges and careers based on their personal skills and areas of interests. Connecting their interests to potential career paths early ensures active participation in their own academic success and helps to open their eyes to the wide world of career opportunities. The career planning tools in Naviance allow them to understand how their strengths, goals, skills, and interests can lead to exciting careers.*

*Naviance provides multiple options for researching colleges as well as careers. Juniors primarily use Naviance to:*

*Identify schools that meet their needs*

*Research 2/4 year colleges/trade/technical schools*

*Research career paths and identify strengths and interests*

*Create lists of “favorite” career and post-secondary options*

*Create a resume*

*Schedule College Rep visits*



## Chewy's Future Planning

College: Bachelor's Degree

[Edit Path](#)

# Plan Your Future

Quickly access your path highlights, favorite careers, information from your school, and more from this page.

## College Path Highlights

### Search for a College

[Search](#)

Colleges I'm Applying To

Colleges I'm Thinking About

Favorite Scholarships

## Welcome to Naviance

Follow these steps to register for a college admissions rep visit.

- 1) Log in to your Naviance student account.
- 2) Find the **New Events** section on the home page. There you will find a list of the colleges visiting Strath Haven this fall.
- 3) When you find a college that interests you, click on view details.
- 4) Click on the green registration button in the top right corner.

[Read More](#)

[Additional Information from Your School](#)

## Tasks from My School

Relax, you have no overdue or upcoming to-dos and tasks.

However, you can get ahead by going to My Planner to see what's next or create a goal or to-do.

[Go to My Planner](#)

## What's New



Washington & Jefferson College will be visiting your school on Thursday, November 30th, 2023 at 1:00 pm [more info](#)

# Timeline

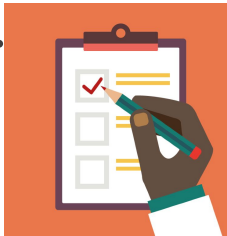
**Now** - Communicate! Review PSAT/pre-ACT

**Spring Semester** - Individual planning meetings with counselor, Testing plan, potential Academy applicants should review requirements, teacher recommendation requests, research schools/careers/alternate plans, start/continue college campus visits, develop list of schools

**Summer** - Create a **Common Application** account, draft essays, continue visits, job shadow, speak to recruiters

**Summer/Early Fall** - Finalize list of colleges, work on applications.

**Fall**- Complete and submit applications



# Alternate Timelines

- 2-Year Colleges and Universities
- Trade and Certificate Programs
- Bridge Year Programs
- Military Service
- Programs for Individuals with Disabilities
- Entering the Workforce
- Gap Year
- Defer College Acceptance



# Letters of Recommendation

- Generally, schools require 2 teacher recommendations.
- Best practice says that letters should be from core teachers from junior year. Exceptions exist!
  - What does this mean? Students should be thinking about recommenders now.
  - What will recommenders be evaluating them on?
- Students should plan to ask teachers around spring break.



# Financial Aid

- **FAFSA** (*Free Application for Federal Student Aid*)
  - Application opens up on **October 1, 2024**
  - **You AND your student** *should* register for an **FSA ID** *before*
  - Net Price Calculator on college websites
- CSS Profile
  - only to schools that require it in addition to the FAFSA
- Counseling web page
  - Scholarship Opportunities
  - Financial Aid
  - PHEAA workshops beginning in October. Check their website [PHEAA.org](https://www.pheaa.org)



# HELP!

ASK

Build their skills...your student should ask!

Use Your Resources!

**Webpage**, weekly email blasts, THE SCHOOL COUNSELOR

Student sessions

Coffee with the Counselor

Evening/Day Programming

Outside Events (email blasts/HSA)

Do your research



Q&A

